

What to pack Checklist

- Cot. Check your room and reservation has a cot before travelling
- Cot Bedding. You may wish to bring bedding such as cot sheets that smell like home for your baby to settle better
- Travel Black out Blind. If your baby wakes up at sunrise a travel blind may help early risers due to the sunlight
- Sun Canopy. A canopy or umbrella for your stroller to keep your baby in the shade, and don't forget your sun pod for the pool and beach to protect from the sun and wind
- Rash Vests. For babies and children, they offer up to factor 50 sun protection against burns
- Baby Monitor. A plug in baby monitor & nightlight for the night time feeds. Don't forget your travel adaptors
- Nappies, swim nappies, wipes and creams
- Changing mat or disposable mats (Puppy pads work just as well)
- Sun hat and Sun cream
- Bibs. Opt for a rubber bib which can be wiped and washed. This will save having bibs to launder
- Travel steriliser. You can also use steriliser pouches too and are available in most chemists and shops
- Bottles. and formula milk
- Food pouches if your baby is on solids, and spoon.
- Spare clothes
- Camera. You need to capture your baby's first holiday memories and snaps